

## Nutrition facts

Serving size : about 1Tbsp (15 ml )

Amount per serving

**Calories**

**123**

	% Daily value *
<b>Total Fat</b> 13.8 g	22 %
Saturated Fat 2.2 g	10 %
<i>Trans</i> Fat 0 g	
<b>Cholesterol</b> 0 mg	0 %
<b>Sodium</b> 0 mg	0 %
<b>Total Carbohydrate</b> 0 mg	0 %
Dietary Fiber 0 g	0 %
Total Sugars 0 g	0 %
<b>Protein</b> 0 g	

Vitamin D 2mcg	0 %
Calcium 200mg	0 %
Iron 8mg	0 %
Potassium 235mg	0 %

\*The daily % Value(DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000. calories a day is used for general nutrition advice.